MyCarRules

What revs your motor? Take Amy Haydock for a spin e rockymirror@capnews.com.au







PROUD OWNER: Jeff Gallagher of Rockhampton with his 1971 HQ Monaro

More than 1 in 2 Oueenslanders are overweight or obese.

If you have spare centimetres to lose, why not become a



Таке тне Rockнampton 12 Week Swap IT Challenge and Swap your way to a **Healthier You**

Visit www.diabetesqld.org.au to register and receive your free Swap It pack.





Monaro, more than just a classy beast

Devotion of a HQ kind for fanatic Jeff

What is your name? Jeff Gallagher What is your current job?

Project supervisor When and where did your passion for cars start?

When I first got my licence. My father had owned Chev's and Dodges.

How many cars/vehicles do you own and how many have you owned?

I have three cars now. I have owned approximately

What is your mechanical specialty?

I'll have a go at anything; lucky I have a mechanic who lives next door.

What was your first car and why did you choose it?

1968 HK Holden. It was pretty rough but it was all I could afford.

What has been your most memorable experience in any vehicle you have owned?

Going to the Benaraby drags in the early 80's in my father's Chevrolet impala.

There were three people in the front, four people in the back and three in the boot with the

Where is the best place to go in CQ for spin?

Anywhere down the Capricorn coast is always a nice drive.

Tell us about your favourite car. What is it and why do you



GREAT TO DRIVE: Jeff Gallagher of Rockhampton owns this 1971 HQ PHOTOS: SHARYN O'NEILL ROK010613SMONARO5



BEASTY: 1971 HQ Monaro coupe.

I love my Monaro. It's a handful to drive but nothing better than driving along with the windows down just listening to the 350 rumble.

How much do you think you have spent on your car obsession (if you are comfortable talking about it)?

Wouldn't like to say...my wife might read this!

How many hours/weeks/years of work has gone into your featured car?

I've had the car for about two vears and I'm the second owner.



RETRO: The inside of Jeff's 1971 **HQ** Monaro coupe.

It's an ongoing project.

How many hours each week do you get to work on your cars?

A couple of hours each weekend if I'm lucky.

What cars are in your wish list and why?

1968 HK Monaro. I can't afford the \$60-100k price tag.



Q NRL Bid Update

SOO on many Bucket Lists

As we get a little older, we start to consider the future more than the younger generations. We start to realise that our time is finite and we are very conscious of the future as opposed to the past which is done and dusted and cannot be altered. Hence the rise of the production of the so called "bucket list". Most older, or should I say more mature, people are doing this automatically and some have a more structured process wherein they will actually plan, document and even budget in a timing and financial sense the events that they want to experience

As an absolute sports nut, most of my personal "bucket list" involves the huge national, international and famous sporting events like the NFL Super Bowl, the American Baseball and Basketball World Series, the FA Cup Final at Wembley, the Kentucky Derby, etc. As my sporting passion

is fundamentally Rugby League based, the more prioritised sporting events on my list were and still are the big Rugby League events and there is no Rugby League event bigger than STATE OF ORIGIN (SOO)

The only issue with S00 featuring on my list is that I have been fortunate enough to witness many ORIGINS live but my list is never satisfied. I know the rules of the "bucket list" are that once it has been done, you should put a line through it and move on. In fact the more I see the more I MUST see so my list is never satisfied. There is no comparable sporting event, at least in Australia, and that's what makes

A SOO never fails to deliver the drama, the twists, the freakish performances, the unbelievable finishes and the sheer excitement of a wonderful sport played at the highest possible level.

When I see a S00 game, I am so glad that my favourite sport is Rugby League. No other Australian sport has an asset like SOO. These SOO games are played in packed arena and millions watch on the television.

from the C.E.O.

They are sponsored by the biggest media marketers in Australia. Clubs and pubs promote ORIGIN, house parties are everywhere, Rugby League fans and even non-believers wear the colours of the team that they support, sports shows, even main stream media outlets comment and analyses these games pre and post the event. Every element of a SOO game is of enormous interest.

I think that a SOO game, live, would be on most Rugby League fan's "bucket list" like mine. But the dilemma is when you witness one you will want more of the same. Solutions - take the SOO game off your "bucket list" so you can still obey the list rules. Change the list to "see

and experience as many S00 games as you can while you can".

For me, I just treat a S00 game for what it is. The most exciting sporting experience that you can ever have and celebrate is the fact that you are a Rugby League fan even if it's just during ORIGIN.



Please support your own CQ NRL Club by going on line at www.cqnrl.com.au and become a Bid or Corporate Membe







